
The Retirement Freedom Roadmap — Quick Checklist

6 Steps to Financial Freedom & Peace of Mind

Phase 1: Assess Your Situation

“Clarity creates control. You can’t build freedom on confusion.”

- ☐ Calculate your net worth
 - ☐ Track your spending habits
 - ☐ Estimate retirement expenses
 - ☐ Build a zero-based budget
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Phase 2: Set Retirement Goals

“Retirement is not an ending, it’s a reimagining.”

- ☐ Visualize your ideal lifestyle
 - ☐ Define SMART financial goals
 - ☐ Break large goals into milestones
 - ☐ Align goals with your time horizon
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Phase 3: Maximize Savings & Investments

“Every dollar invested today is a worker for your future freedom.”

- ☐ Max out retirement accounts (401k, Roth IRA, HSA)
- ☐ Diversify with low-cost index funds/ETFs
- ☐ Consider delaying Social Security
- ☐ Explore passive income streams
- ☐ Automate contributions and increase annually

Phase 4: Manage Debt Strategically

“Debt steals freedom. Eliminating it buys peace.”

- ☐ Pay off high-interest debt first (avalanche method)
 - ☐ Explore consolidation or refinancing options
 - ☐ Decide on mortgage payoff vs continued investing
 - ☐ Avoid new consumer debt
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Phase 5: Plan for Peace of Mind

“True freedom is living with purpose, not just security.”

- ☐ Prepare for the emotional transition out of work
 - ☐ Pursue new hobbies and passions
 - ☐ Strengthen relationships and social ties
 - ☐ Prioritize health and wellness
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Phase 6: Execute & Review

“Freedom isn’t one big decision. It’s a series of steady, intentional choices.”

- ☐ Review your plan annually
 - ☐ Adjust savings, debt, and investments as needed
 - ☐ Consider professional guidance when complex
 - ☐ Create a withdrawal strategy for retirement income
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